

FREE

DIVORCE

MEDIATION

PREP

54-point checklist
+ bonus printables



www.MediationPrep.com

DIVORCE MEDIATION **FREE** 54-point checklist

<input type="checkbox"/> Research What to Expect in Mediation; Understand Venue of Mediation (Mandated, Voluntary)
<input type="checkbox"/> Research Mediator Selection
<input type="checkbox"/> Reflect on Primary Concerns
<input type="checkbox"/> Define Separation Status: Stage, Date; List Any Current Agreements
<input type="checkbox"/> Determine Immediate Relationship Boundaries or Other Urgent Needs
<input type="checkbox"/> Generate a Relevant Financial Checklist
<input type="checkbox"/> Determine Income
<input type="checkbox"/> Determine Debt
<input type="checkbox"/> List Assets
<input type="checkbox"/> Determine Net Worth
<input type="checkbox"/> Vehicles
<input type="checkbox"/> Checking Accounts
<input type="checkbox"/> Savings Accounts
<input type="checkbox"/> Investment Retirement
<input type="checkbox"/> Retirement Accounts
<input type="checkbox"/> Credit Cards
<input type="checkbox"/> Loans
<input type="checkbox"/> Stocks
<input type="checkbox"/> Life Insurance
<input type="checkbox"/> Atypical/ Online Assets (I.e., Crypto, NFTs)
<input type="checkbox"/> Assets of Emotional Significance
<input type="checkbox"/> Properties Owned (Apart from the Family Home); Shared Business Interests
<input type="checkbox"/> Decision Points: The Family Home

<input type="checkbox"/> Child Custody
<input type="checkbox"/> Research Optimal Schedules for Child Development
<input type="checkbox"/> Creating a Co-Parenting Schedule Responsive to Child Development
<input type="checkbox"/> Consider Calendars, News, Exchanges
<input type="checkbox"/> Experiment with Different Calendar Options
<input type="checkbox"/> Generate Calendar Proposal
<input type="checkbox"/> Generate Child-Facing Calendar
<input type="checkbox"/> Address Schedule Exceptions
<input type="checkbox"/> Address Holidays and Schedule Aberrations
<input type="checkbox"/> Other Schedule Considerations (Childcare, Schedule Priority, Right of First Refusal)
<input type="checkbox"/> Consider How to Request Schedule Changes
<input type="checkbox"/> Travel Considerations (Passports? Notice? Durations? Distance?)
<input type="checkbox"/> Child Support Checklist (Research Calculators for Your Area)
<input type="checkbox"/> Medical Considerations (Financial: Premiums, Billing, Elective Procedures vs. Routine)
<input type="checkbox"/> Medical: Specialist Care
<input type="checkbox"/> Taxes and Life Insurance
<input type="checkbox"/> Expenses for Children (Discretionary, Extracurriculars, Tuition, Childcare)
<input type="checkbox"/> Decisions for Children:
<input type="checkbox"/> Behavioral
<input type="checkbox"/> Social
<input type="checkbox"/> Tech
<input type="checkbox"/> Communication About Separation or Divorce
<input type="checkbox"/> Home Safety (Firearms, Alcohol, Smoking)
<input type="checkbox"/> Future Partners
<input type="checkbox"/> Education
<input type="checkbox"/> Professional Support
<input type="checkbox"/> Religious Education
<input type="checkbox"/> Determine If/When to Consider Schedule Input from Children
<input type="checkbox"/> Future Conflict Resolution Plans
<input type="checkbox"/> Pet Placement and Care
<input type="checkbox"/> Generating an Opening Statement



my two-bedroom plan

SPECIAL EVENTS OR PLANS FOR THIS WEEK:

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

Exploring Schedules

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

Notes:

DECISION POINTS FINANCIAL OVERVIEW

*These are common decision points relating to finances.
For this section, check any box that applies to you.*

- Family Home
- Additional Investment Homes or or Vacation Properties
- Savings and Checking Accounts
- Shared Business Interests/ Family Business Interests
- Investment Accounts (Schwab, etc.)
- Stocks
- Retirement with Defined Contribution
- Retirement with Defined Benefit
- Meeting Needs for Children (i.e., daycare, clothing).
- Home Improvement (i.e., maintenance, repairs)
- Vehicles
- Credit Cards
- Loans
- Inheritances
- Non-Traditional Accounts (i.e., HSA)
- Debts (i.e., medical)
- Other Financial Obligations (i.e., tax debt). Describe: _____
- Education (i.e., private school tuition, college savings accounts.)
- Life Insurance
- Crypto Assets or other intangibles (i.e., NFT)
- High-Value Art Jewelry, Furniture, Collectibles
- Emotionally Significant Art, Jewelry, Furniture, Collectibles
- Boats, Tractors, or Other Large Equipment/ Mechanical Investments

WHY FREE?

We provided the 54-point checklist as a free tool. But the full workbook examines all areas covered by the checklist in greater detail.

For instance, the checklist mentions "tech," but the corresponding workbook page (right) covers the creation of agreements around online access/safeguards, screen time limits, appropriate apps, social media use by and about the children, and about one another.



THE 60± PAGES OF WORKBOOK CONTENT INCLUDE:

✓ **PROFESSIONAL CO-PARENT COMMUNICATION COACHING AROUND FINANCES, SCHEDULES, CHILD DEVELOPMENT, AND MORE.**

✓ **BUILD CONFIDENCE AND CLARITY TO APPROACH DIFFICULT TOPICS**

✓ **SAVE TIME AND MONEY WHEN IT MATTERS MOST**



www.MediationPrep.com